



... or how the kids made us use
YES, NO, HEY, OOPS, UH?,
STUCK, CHILL, AHA, OUCH, WOW.

A pragmatic translation of the International Society for Equitation Science
approach of sustainable training.

31 January 2019 

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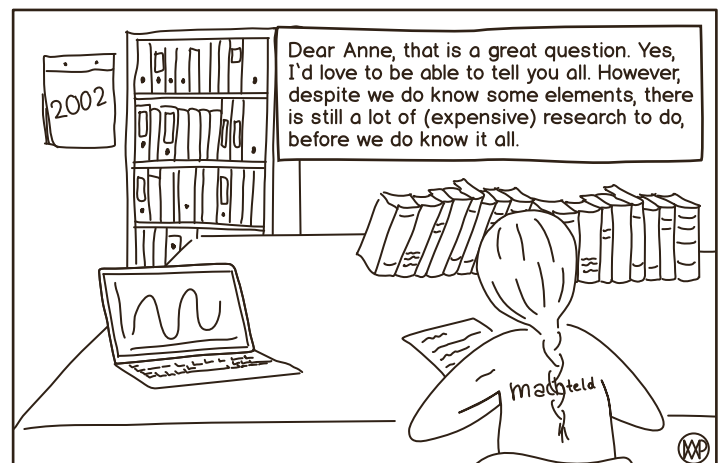
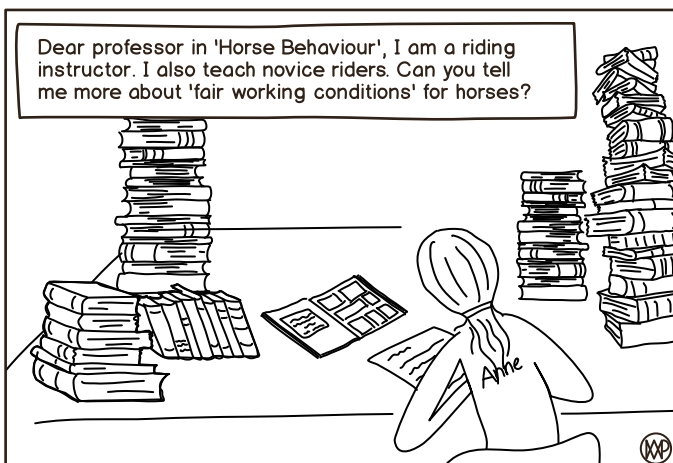
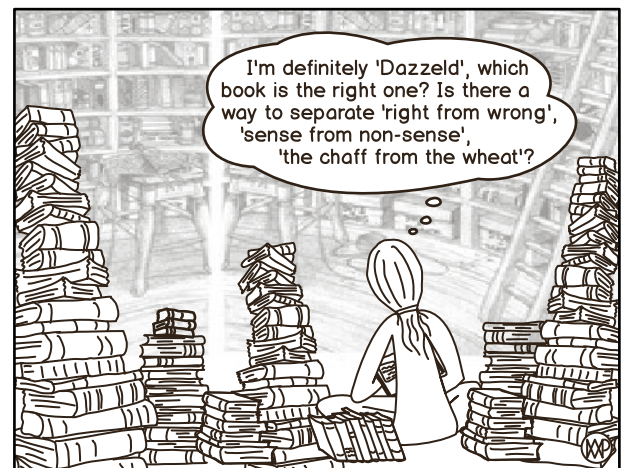
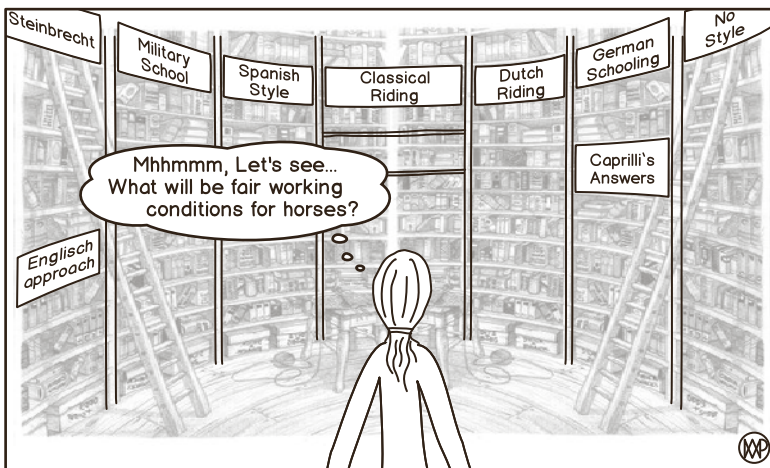
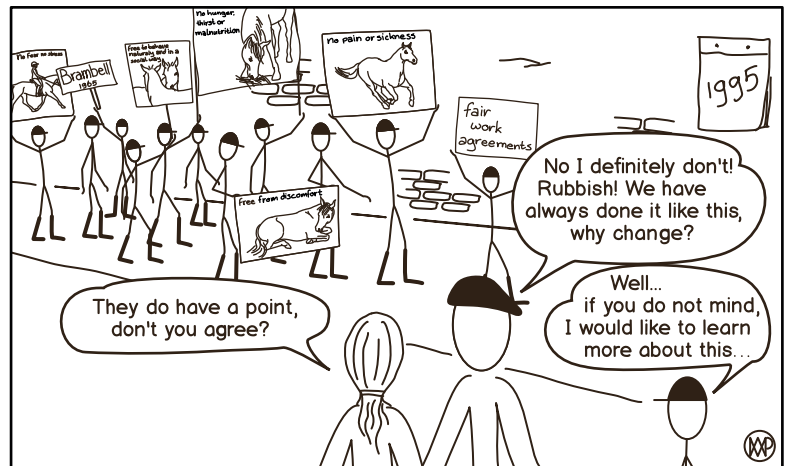
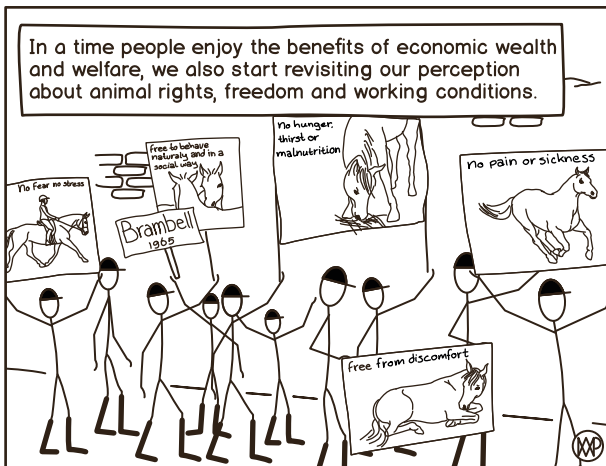
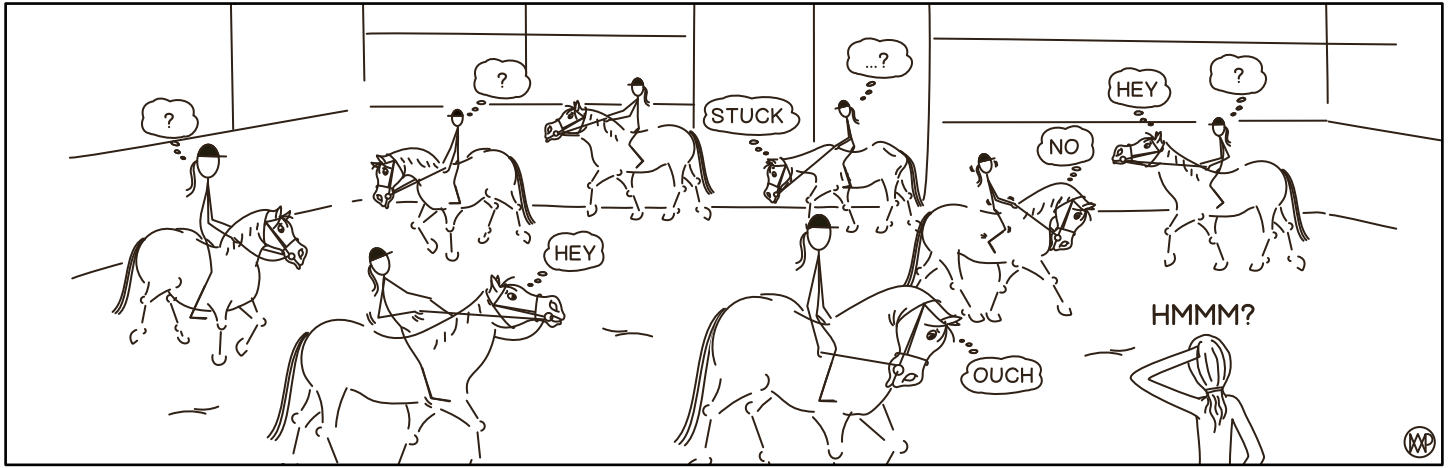
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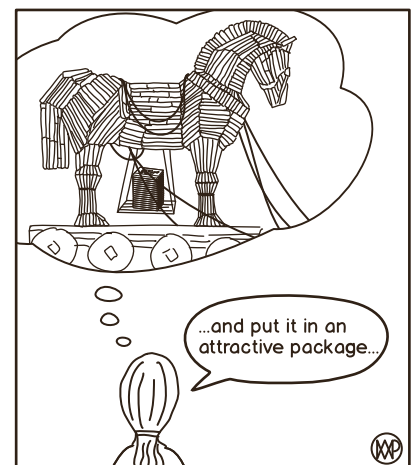
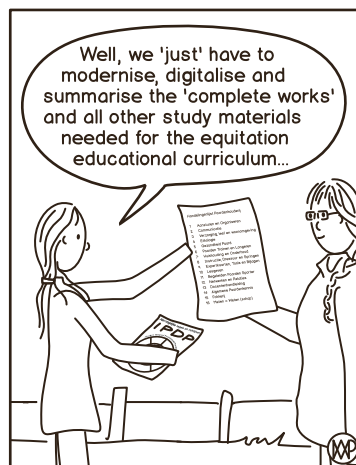
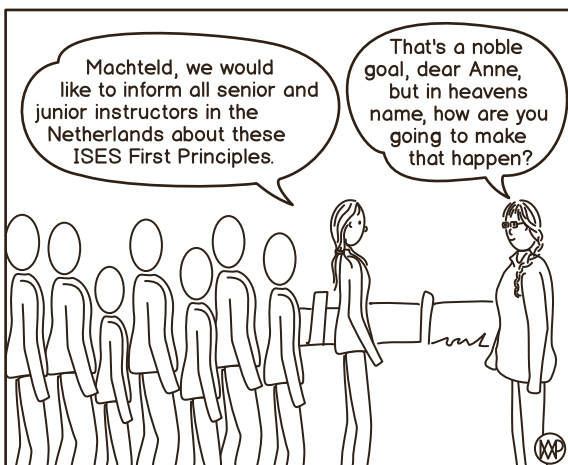
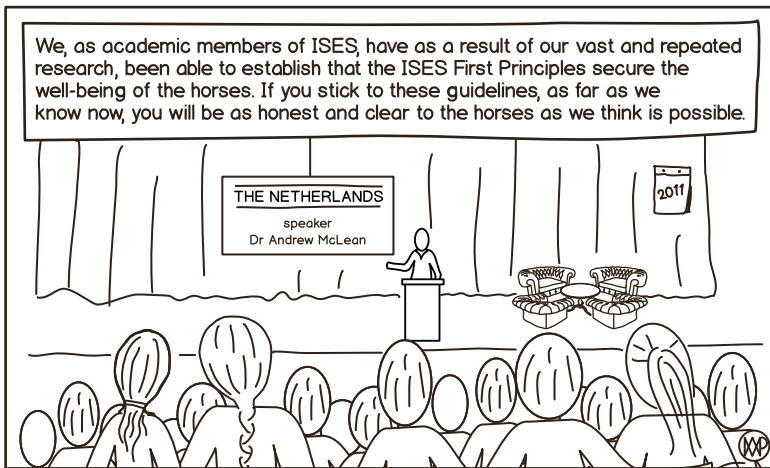
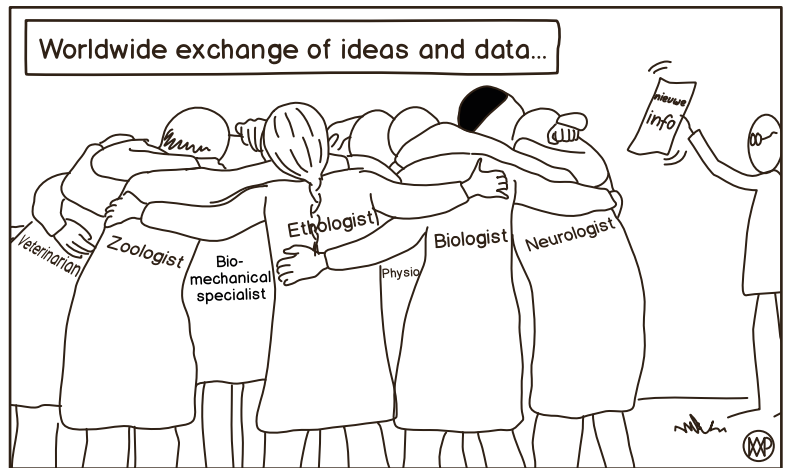
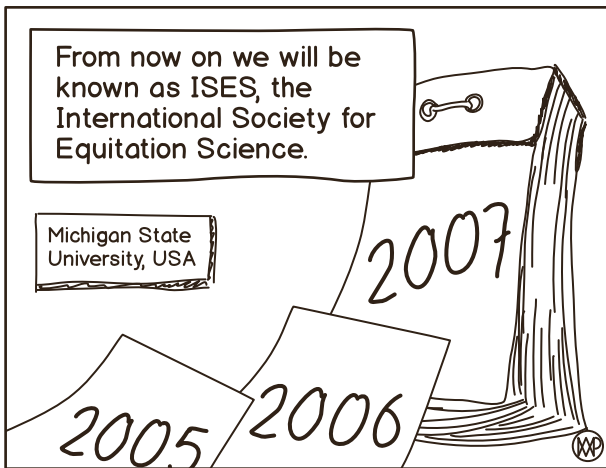
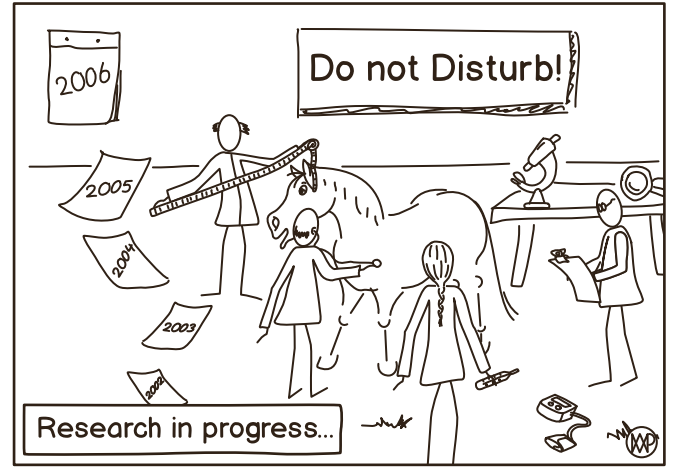
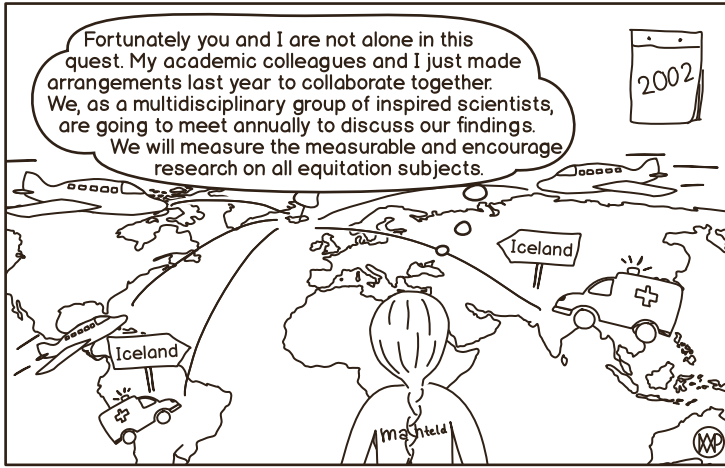
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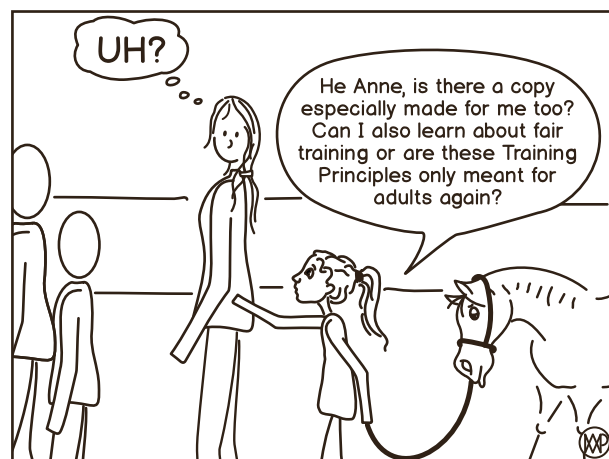
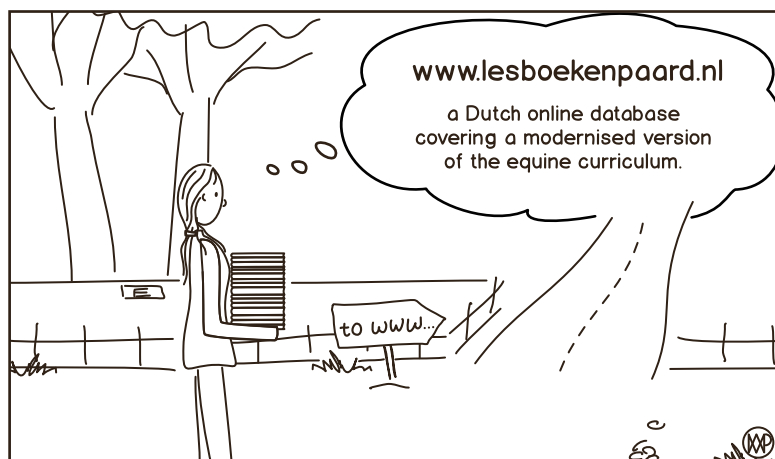
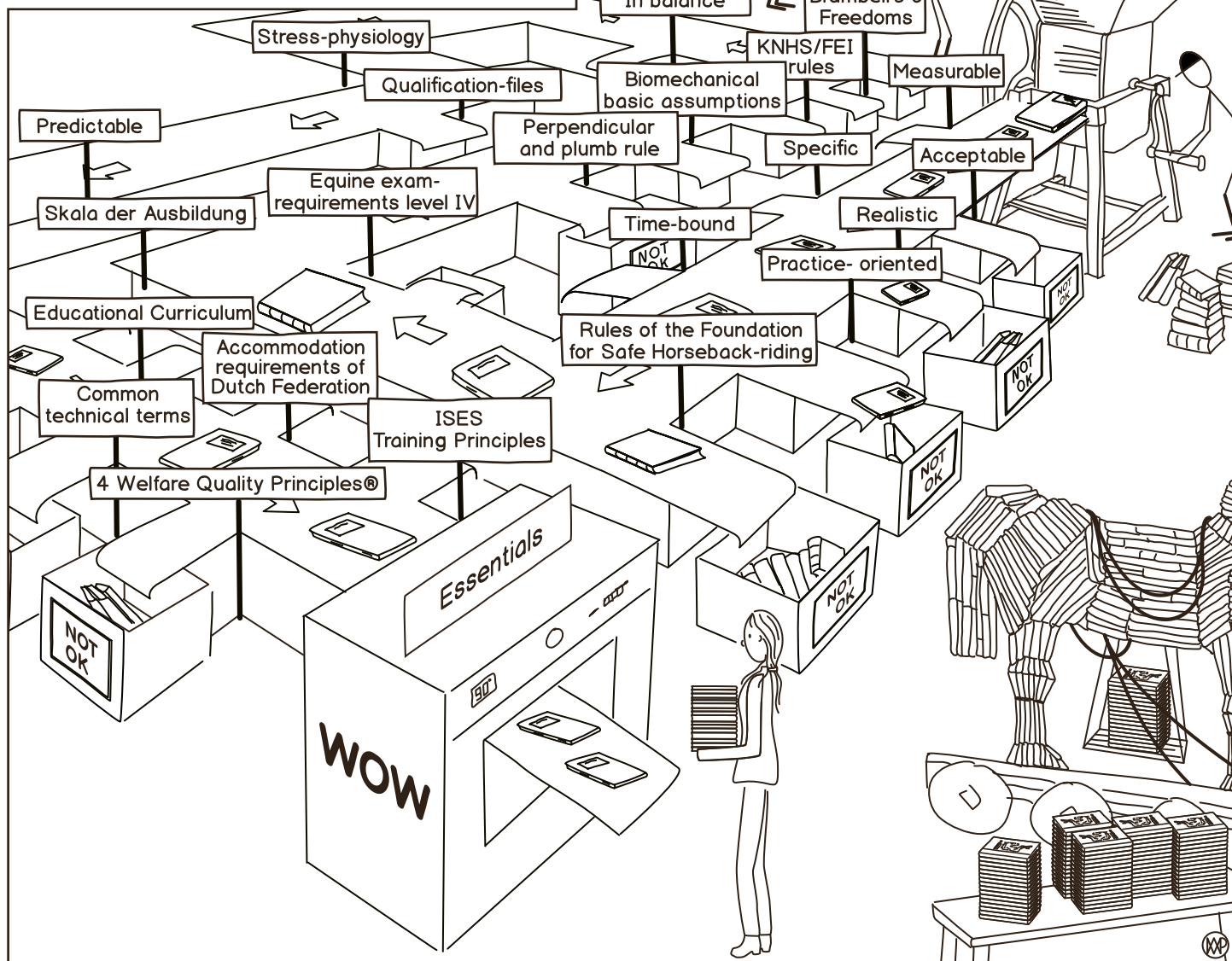
3 WOW! a novice story Working on Optimal equine Welfare.

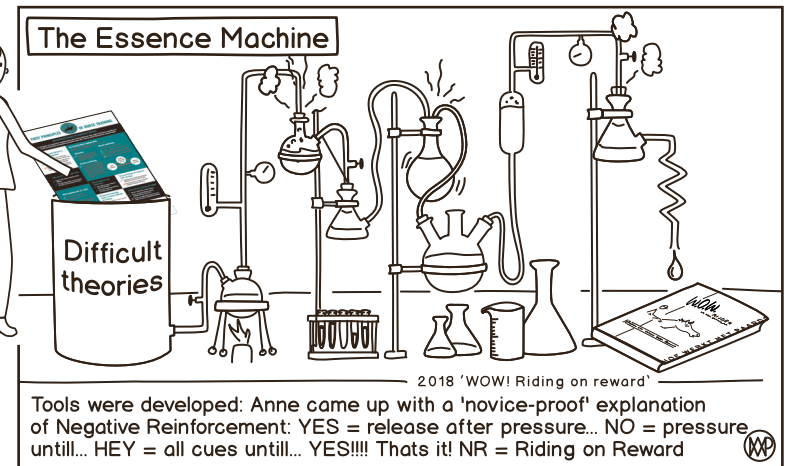
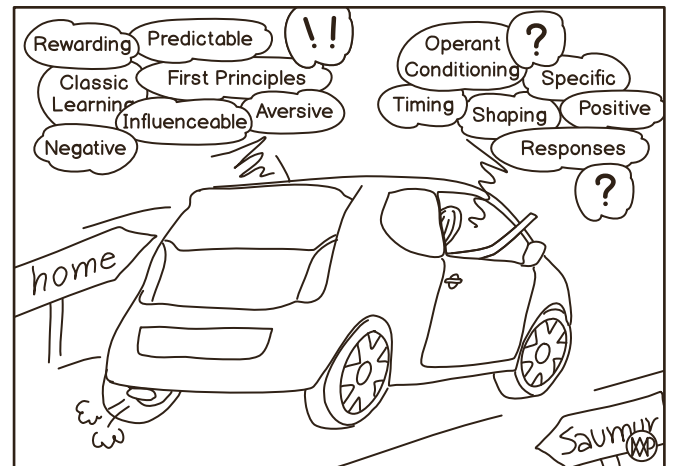
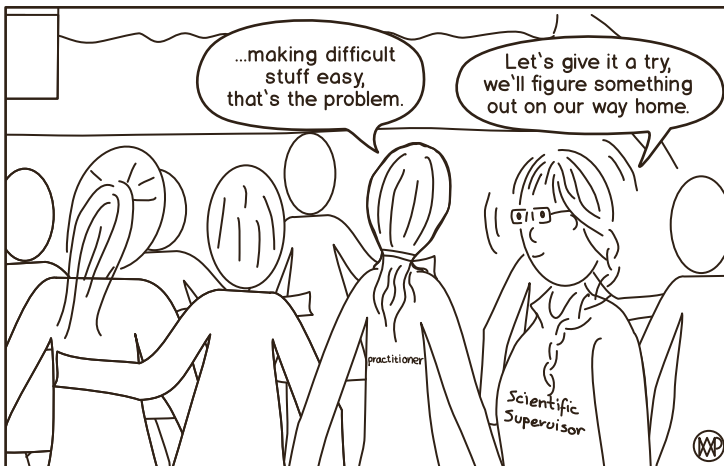
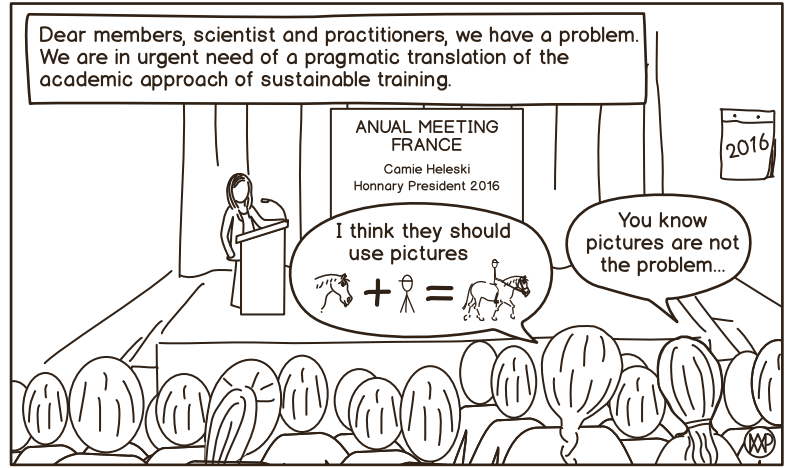
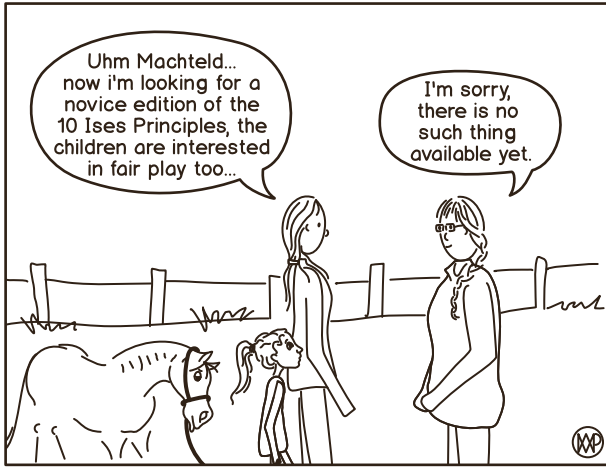




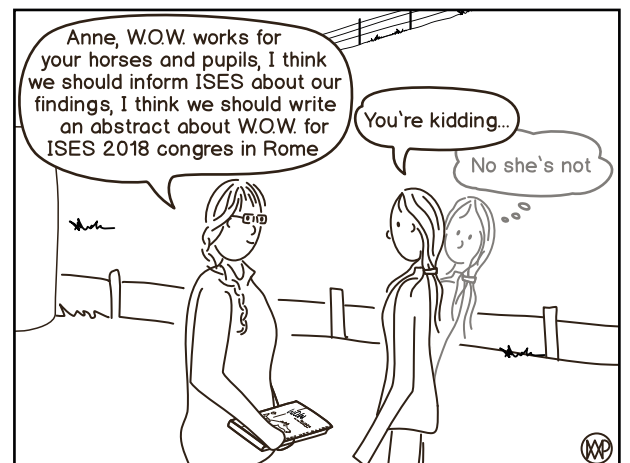
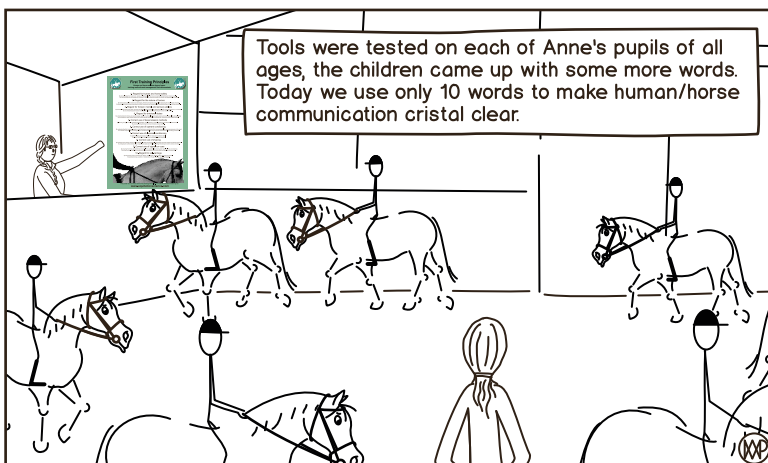
5 WOW! a novice story Working on Optimal equine Welfare.

We assume THAT every signal, action and approach to a problem, will in theory and/or practice be sustainable, in favour of the horse's welfare, it's well-being, it's physical performance and is also ethically justified and didactically accountable when descriptions and content are conform one or more (ISES) principles, all governmental guidelines, all the educational curriculum guidelines and the rules of the FEI... and at the same time is not contradictory to one or more of the used guidelines and principles.





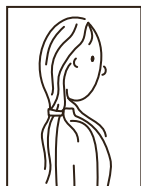
To make a long story a bit shorter. Somewhere along the way, 'theory met practice'. The ISES principles were transformed into '10 points (to score) for WQW = the Working on Optimal equine Welfare



Ten Principles of learning theory in Equitation: a practitioners translation of the ISES approach.

ISES congres Rome, September 2018

Anne Muller^{1,*} and Machteld van Dierendonck^{2,3,4,**} (scientific supervisor)

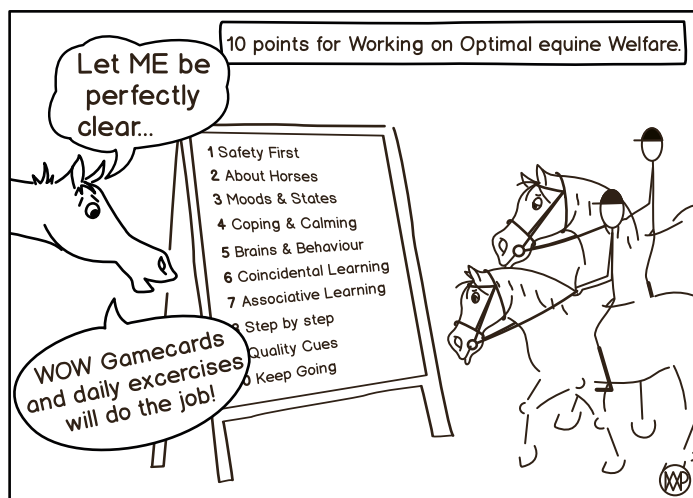


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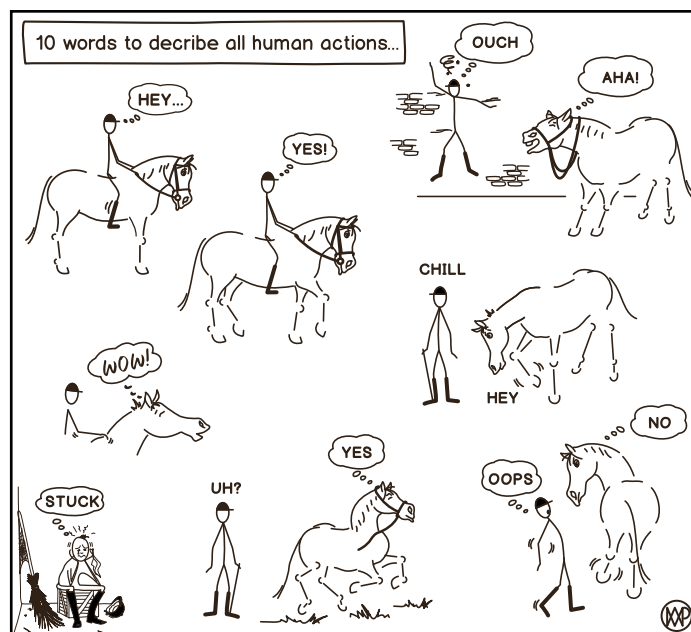
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³Ghent University, Merelbeke, Belgium; ⁴Antwerp University, Wilrijk, Belgium.

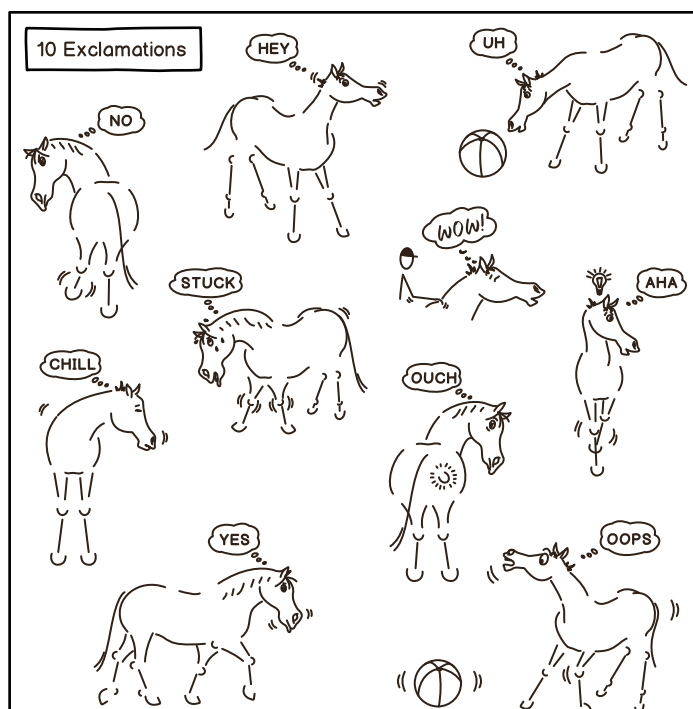
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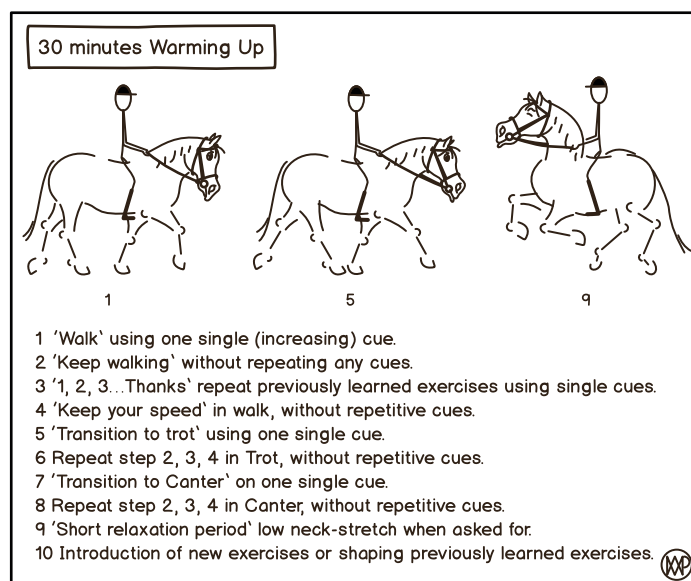
WOW! 'Working on Optimal equine Welfare' is a practitioner's approach of the academic vision on sustainable training. The WOW trainer combines tools as cards and 10 pragmatic exercises that are especially designed for novice riders. These WOW cards (please see WOW Gamecards.pdf) can also be used as a handout, day 1, lesson 1, use card 1.1 etc.



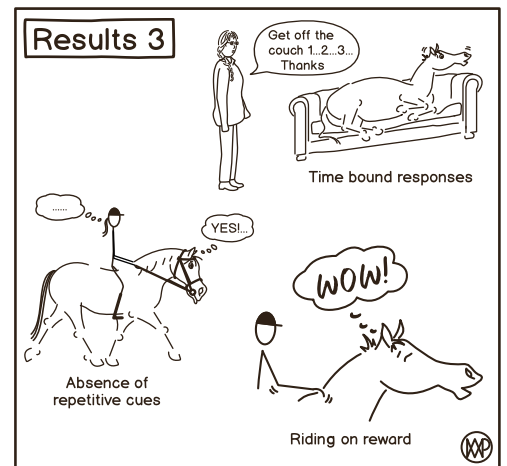
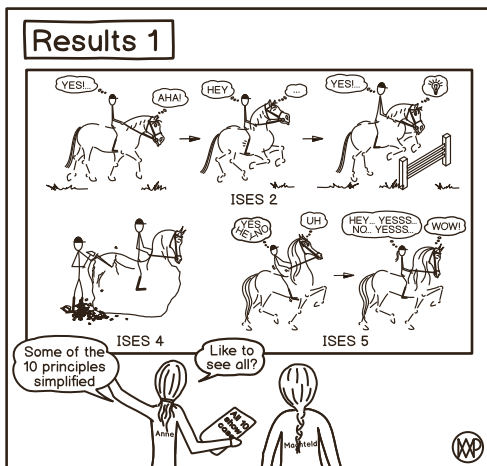
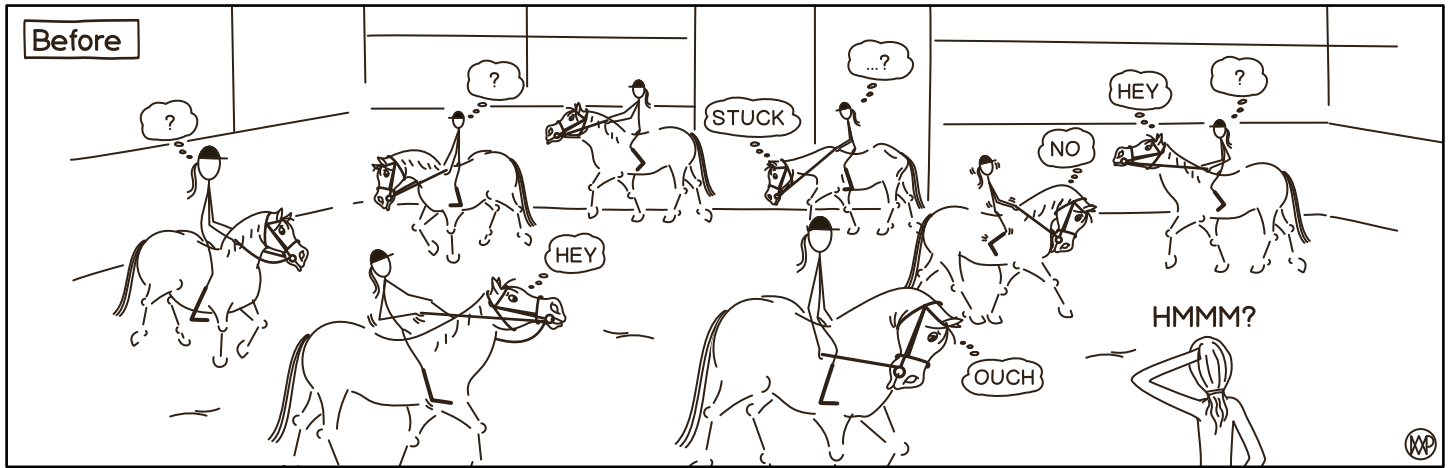
WOW guides practitioners and their pupils in a captivating way towards understanding the horse's perspective and to enhance the communication between horse and rider.



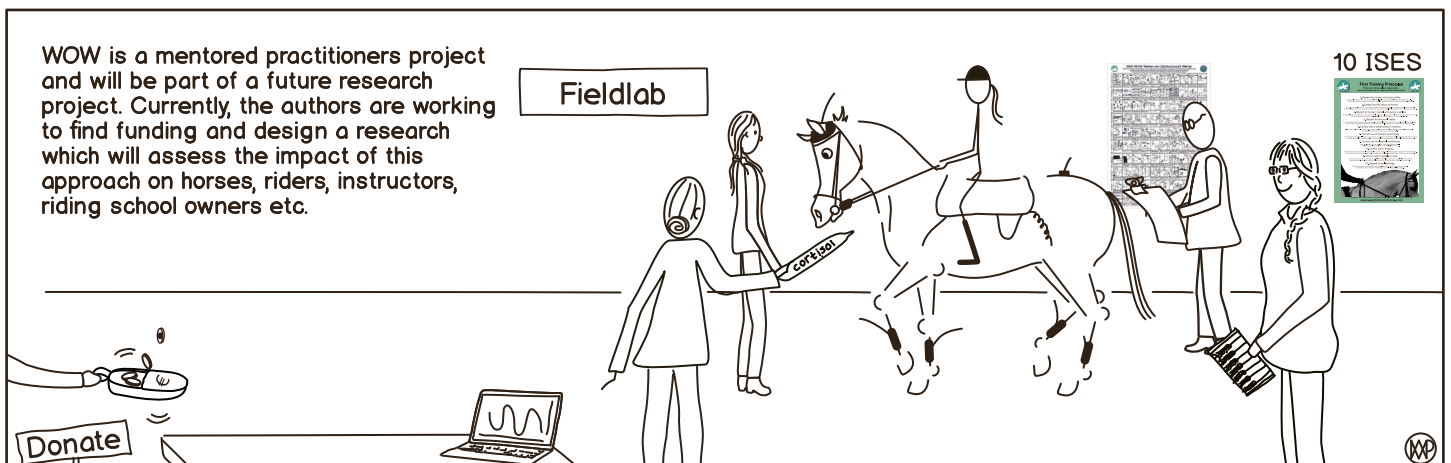
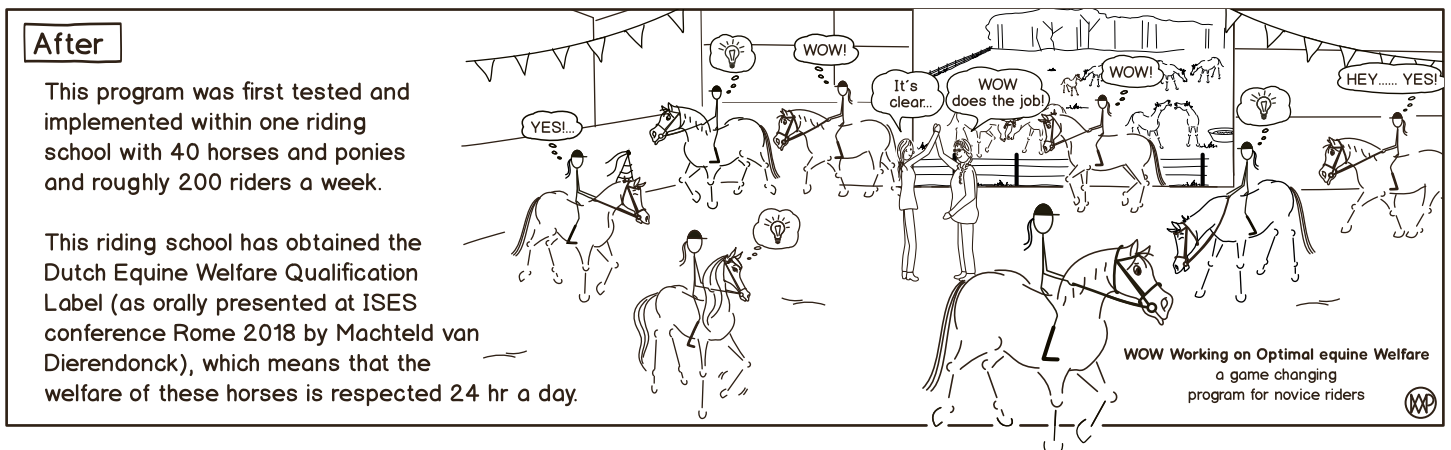
WOW! explains the theory behind horse/horse, and horse/rider communication at a novice level. It simplifies this communication by using exclamations that are easily understood such as: YES, NO, HEY, OOPS, UH?, STUCK, CHILL, AHA, OUCH, WOW.



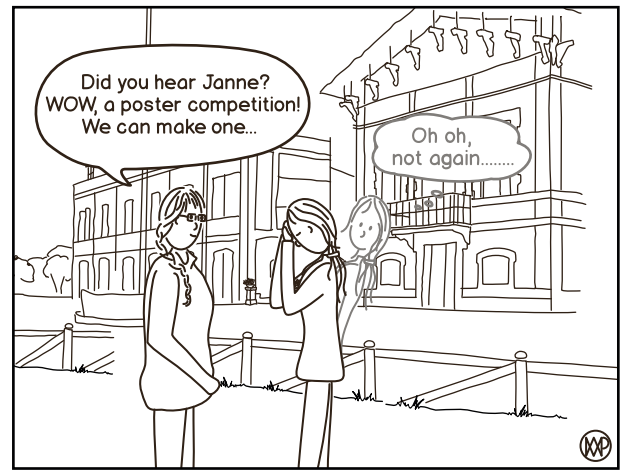
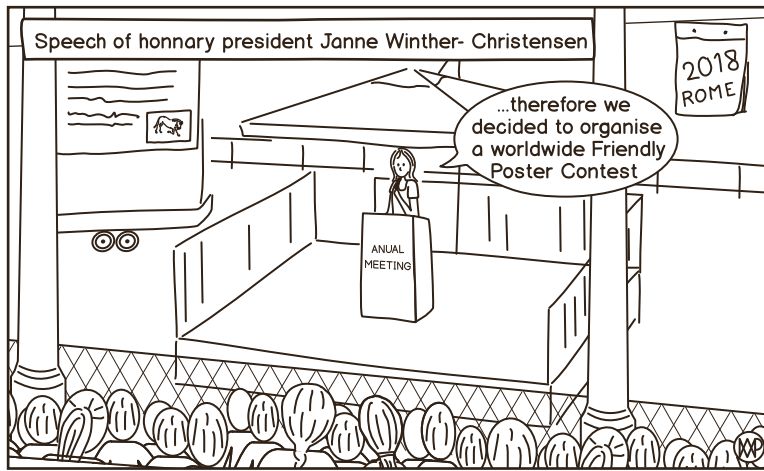
WOW! also includes 10 practical warming up exercises for riders to train the correct application of negative reinforcement while also implementing the horses' needs and cognition as laid out by ISES. These 10 exercises were developed to be self-correcting and teach riders to ride 'on reward': rewarding the shaping process, while omitting repetitive aids.



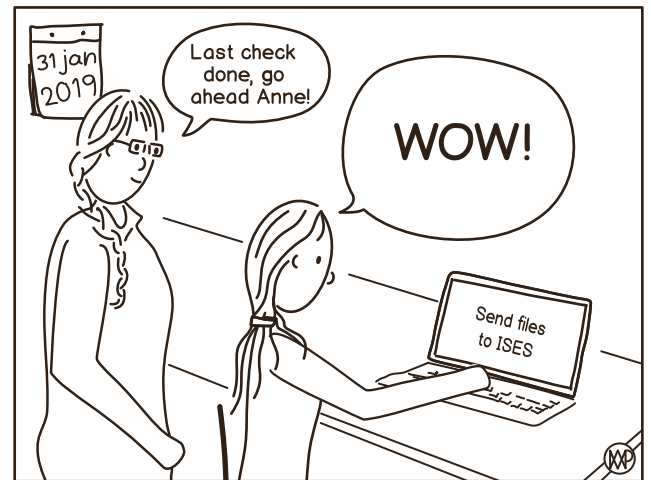
Ultimately, the novice and/or young riders are guided to perform the WOW warming- up program one after the other, creating a customised individual 30-minute warming-up program at the start of each riding lesson. It can also be used for advanced riders with their own horses or ponies. During the warming-up riders are repeating the basic aids and recognise responses on a daily basis, forming consistent habits for both (riding school) horses and riders. WOW = 10 ISES points => 10 exclamations + 10 exercises which together form a game changing program for novice riders.



9 WOW! a novice story Working on Optimal equine Welfare.



Pascale and Anne are definitely in trouble now! How do they draw the absence of suffering, pain, loneliness, overtraining. The misuse of whips. The effects of using dominance and force etc?!? And in three categories!!!



To be continued...

